

BE PART OF THE Co-Design Process



We Need Your Mental Health Lived Experience!

Are you a parent, carer, or family member supporting a young person with mental health or psychosocial challenges?

Join us in co-designing workshops, resources, and support programs that create real, meaningful change for families and young people!

RESILIENCE IN REACH



Breaking Barriers



Making Connections



Building Confidence

Come As You Are

- **Share Your Lived Experience**
- **Share Ideas & Shape the Content**
- **Build Community**

Where & When

28th February 2025

28th March 2025

**Raising Minds Office
7/1 Fort Lane, Milton**

Funded by the Department of Social Services



Call Craig
0427 786 301

[Register HERE](#)

Resilience in Reach
AN INITIATIVE OF

