

Resilience in Reach
AN INITIATIVE OF



Breaking Barriers



Making Connections



Building Confidence

BE PART OF OUR

Free Online Peer Network

Join our Online Peer Network for parents, families, carers, and kin of children and young people with complex mental health conditions from throughout Queensland.

💬 Connect with others who truly understand

💡 Share experiences, ideas, and strategies

🤝 Feel supported in a safe, understanding space



**Meetings held on the 3rd
Thursday of every month**

NEXT MEETING

Thursday 19 March 2026

10.30am – 12.30pm



*A teams link will be sent
prior to the event